

Multiple users can utilize the Encore ES3000 4 Station Gym simultaneously with its 8 workout modes. Adjustable bench allows you to go from chest press to shoulder press. Lat Pulldown and seated Row pulleys for a solid back workout and leg extension/leg curl machine to work the legs. There is also a Hi/Lo pulley attachment for 100's of cable exercises.

The space-saving design fits all of that into one corner, making it an ideal choice for home gyms, apartments, hotels, corporate gyms and smaller workout facilities that could use a multi-station gym but don't have a lot of room to spare. This unit may be compact but it's also strong. Users can be confident in this multi-gym's 5 X 100 race-track tube construction and its sturdy, durable steel shrouds. Users can also enjoy the comfort of its adjustable, high-density poly-foam seats and rollers with bottle holders nearby on both sides of each shroud.



## PRODUCT FEATURES:

**Tubing:** 50 X 100 race-track tube

**Shrouds:** Sturdy & durable steel shrouds

**Upholstery:** High-density poly-foam offers comfort and durability.

**Cable:** Self-lubricate American loos™ cable with nylon-coated 12 complex fiber ensures service life more than 220 thousand times.

**Adjustment:** Plug-in selector pin with lemon yellow color marked on

**Handlebar:** TPR handlebar offers comfort and safe exercise

**Modules:** Chest Press / Shoulder Press, Leg Extension / Leg Curl, Lat Pulldown / Seated Row, Hi / Lo Pulley. 3 x 200LB weight stacks for multi users.

## SPECIFICATIONS:

**Dimensions:** 8'10" X 8' X 7' (L x W x H)

**Maximum User Weight:** 350 lbs

**ES3000 Multi Gym Weight:** 1320 lbs

**Weight Stack:** 3 x 200 lbs

