

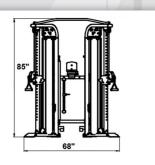


The Encore ES9030 twin weight stacks and adjustable pulley positions allow for a wide range of movement and training options. Included with the Trainer are a range of cable attachments and a chin up bar at the top of the unit along with an exercise instruction guide on the machine frame for ease of use.

## Highlights:

- Select from 31 vertical pulley positions for a large variety of different exercises.
- One-hand adjustable lever-lock system for ease of use. Three easy steps: (1)lift(2)roll(3)lock.
- Oversized foot stabilizer adds an additional level of safety to the machine, plus can be used as a foot holding feature when doing reverse pulley exercises.
- Chin-up/pull-up bar with ergonomic bends for regular grip, wide grip and reverse grip exercises.
- Conveniently located iPad holder allows the user to watch exercise technique videos during the workouts. The cup holder and towel rack are centrally positioned at an easy to-reach location
- Self-lubricate American loos™ cable with nylon-coated 12 complex fibre ensures the smoothest of actions and service life of more than 220 thousand uses for minimal maintenance.

## Weight 670lbs Dimensions 68 x 44 84 in









Compatible with ENCORE ES7011 Multi Bench

## Encore ES7011 Flat / Incline Bench

Encore ES7011 Flat/Incline Bench sturdy, heavy duty frame, has exceptional cushioning and a sleek finish. Multiposition adjustment satisfies various exercise demands. Foldable and transportable unit for saving space.

Use in conjunction with the Encore 9030 Functional Trainer